

# Patient Information Leaflet – Stock Shortage – Injectable and Oral GLP-1 Analogues (Dulaglutide, Exenatide, Semaglutide, Liraglutide, Lixisenatide)

This leaflet is designed for people taking a GLP-1 analogue for type 2 diabetes.

## Why have I been sent this leaflet?

You have been sent this leaflet as we have identified you are taking a GLP-1 analogue for type 2 diabetes. GLP-1 analogues include: Dulaglutide (Trulicity®), Exenatide (Bydetta® or Bydureon®), Semaglutide (Ozempic® or Rybelsus®), Liraglutide (Victoza®), Lixisenatide (Lyxumia®).

Unfortunately, there are widespread national stock shortages with all these agents.

# Why are there drug shortages?

Shortages are due to increased demand for these drugs.

#### When will these shortages be resolved?

Supply will remain intermittent until at least the middle of 2024 but these dates are subject to change.

## What should I do during this time with my diabetes medication?

You should continue taking all your diabetes medication as normal, including your GLP-1 analogues if you have supply. Please do not over order any products from your GP practice or pharmacy. If you have a problem obtaining stock, please get in touch with your healthcare professionals.

### Will I need a review for my diabetes?

You may need an earlier review for your diabetes. However due to the limited availability of appointments at this time, we will do our best to facilitate timely review. We may ask for a monitoring blood test sooner than planned.

#### Will my diabetes treatment need to change?

Your diabetes treatment may need to be changed in view of the shortage. You may be contacted if this is necessary to discuss options.

#### Where can I get further information about this?

We do not have further information about the shortage or return to stock dates and we are dealing with a higher volume of calls. Please bear this in mind before considering contacting your usual diabetes healthcare professional.

## What do I do if I feel unwell?

If you feel unwell with symptoms of high blood glucose. E.g. feeling very thirsty, peeing a lot, feeling weak or tired, blurred vision or losing weight, please seek a GP appointment at the earliest opportunity.

Please call 111 for help if you think you have high blood glucose and you're feeling sick, being sick or have stomach pain, you're breathing more quickly than usual or your heart is beating faster than usual, you feel drowsy or are struggling to stay awake, your breath have a fruity smell (like pear drop sweets), you feel confused or have difficulty concentrating, you have high level of ketones in your blood or pee. These could be signs you are becoming very unwell.